

OFFRE SPORTIVE MUNICIPALE SAISON 2024 / 2025

	CRENEAU	ACTIVITÉ
LUNDI	11H15-12H	AQUAGYM (BA)
	12H15-13H	AQUAFITNESS (BA)
	13H-13H45	NATATION PRÉNATALE (BA)
	17H10-17H55	PERF. JEUN'EAU (BS)
	18H-18H45	APPRENTI COST'EAU (BA)
	19H-19H45	AQUAFITNESS (BA)
MARDI	11H15-12H	AQUAGYM (BA)
	17H10-17H55	APPRENTI BULL'EAU 5/6 ANS (BA)
	18H-18H45	APPRENTI JEUN'EAU (BA)
	19H-19H45	APPRENTI PETI'EAU (BA)
MERCREDI	10H-10H45	AQUADYNAMIC (BA)
	11H15-12H	APPRENTI BULL'EAU 5/6 ANS (BA)
	12H15-13H	AQUAGYM (BA)
	13H10-13H55	AQUAFITNESS (BA)
		APPRENTI PETI'EAU (BA)
		APPRENTI JEUN'EAU (BA)
	14H-14H45	APPRENTI COST'EAU (BA)
	15H-15H45	PERF. PETI'EAU (BS)
		APPRENTI COST'EAU (BA)
	16H-16H45	PERF. AD'EAU (BS)
	17H-17H45	APPRENTI PETI'EAU (BA)
	17H-17H45	APPRENTI BULL'EAU 5/6 ANS (BA)
18H-18H45	APPRENTI JEUN'EAU (BA)	
19H-19H45	AQUAFITNESS (BA)	

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	CRENEAU	ACTIVITÉ
JEUDI	12H10-12H55	APPRENTISSAGE ADULTES (BS)
	12H15-13H	AQUAGYM (BA)
	17H10-17H55	APPRENTI BULL'EAU 5/6 ANS (BA)
		APPRENTI JEUN'EAU (BA)
	18H-18H45	PERF. JEUN'EAU (BS)
	19H-19H45	AQUAFITNESS (BA)
VENDREDI	11H15-12H	AQUAGYM (BA)
	12H15-13H	AQUAFITNESS (BA)
	13H-13H45	DÉBUTANTS ADULTES (BA)
	17H10-17H55	APPRENTI COST'EAU (BA)
		PERF. DETI'EAU (BS)
	18H-18H55	COURS TECHNIQUE ADULTES (BS)
19H-19H45	AQUAFITNESS (BA)	
SAMEDI	9H-9H45	APPRENTI BULL'EAU 5/6 ANS (BA)
	9H45-10H15	BÉBÉS BULLES - 4 MOIS À 18 MOIS (BA)
	10H15-10H45	BÉBÉS BULLES - 18 MOIS À 3 ANS (BA)
	10H45-11H15	BÉBÉS BULLES - 4 MOIS À 3 ANS (BA) + À LA SÉANCE
	11H20-11H55	PETIT BULL'EAU 3/4 ANS (BA)
	12H-12H45	PETIT BULL'EAU 4/5 ANS (BA)
MERCREDI SPORTIFS	9H-10H (5-6 ANS)	GROUPE 1 - GYM / TENNIS / NATATION
		GROUPE 2 - TENNIS / NATATION / GYM
	10H-11H (6-7 ANS)	GROUPE 1 - LUTTE / NATATION / BADMINTON
		GROUPE 2 - BADMINTON / LUTTE / NATATION
	11H-12H (7-8 ANS)	GROUPE 1 - VÉLO / NATATION / FLAG FOOTBALL
		GROUPE 2 - NATATION / FLAG FOOTBALL / VELO